



*Maria International School of Bucharest*  
*Resilience Respect Compassion Integrity Responsibility*

## PSHE and Citizenship Policy



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## Our Mission

We provide a learning experience and environment at Maria International that fosters creativity and excellence. Whilst providing supportive, stimulating and relevant lessons and resources within the context of the British style international curriculum.

Our school will be a caring place where adults and children are valued equally. Our aim is to create an environment where children and the whole school community will be inspired to be resilient, respectful, compassionate and act with integrity.

Our children will learn to respect themselves and others in an atmosphere of high expectations where they are nurtured and dare to make mistakes

We will strive to create opportunities for students to have a well-rounded school and learning experience, where they can develop critical thinking skills and work in collaboration with others.

## Our Values

**Resilience** - We will handle adversity and problems with a mentality that enables us to keep going and do better.

**Respect** - We treat others with dignity, empathy and equality through our words and actions.

**Compassion** - We are kind, caring and will help everyone to be the best they can be.

**Integrity** - We are open, honest and act with good morals and ethics in all situations.

**Responsibility** - We ensure our own work, learning and duties are completed in a timely manner and to a high standard

## Introduction

At Maria International, we strive for our students to have the opportunity to interact with a broad and balanced variety of PSHE and Citizenship activities. This is to enable our students at Maria International to grow, develop and nurture a variety of skills that will help them be healthy and safe in their lives and work. It is the aim of Maria International to help students in growing their learning, understanding and attributes in line with the Maria International school values and critical thinking.

We embed PSHE and Citizenship into our curriculum throughout EYFS, KS1 and KS2 and use every opportunity to reflect, discuss and support areas with students. All areas of the PSHE



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topics covered are treated with the same significance as the lessons in the school each day. This is an important aspect of our programme and this helps the students to build their knowledge on the areas covered. We believe that all lessons contribute to PSHE across the school and curriculum. PSHE is covered through:

- Assemblies
- PE and Sports
- Homeroom
- House Activities

We are further committed to ensuring that specialised areas such as digital citizenship and E-Safety are taught as part of ICT lessons.

PSHE includes sex education topics that are taught to appropriate age groups. Relationships are taught as part of a broader PSHE education curriculum. This way they can develop their skills, knowledge and attributes as part of a planned programme of structured topics and lessons that cover related factors such as Drugs and Alcohol, Equality, Health as well as British and Romanian values.

The PSHE programme is reviewed each year and topics are evaluated and reviewed together with staff and members of the SLT. This keeps the programme of study current and includes opportunities to update and evaluate the 'wider life issues' that need to be covered for our students.

Any sensitive issues that arise are reported to the Headteacher and when needed specialised personnel in the school depending on the nature of the situation, for example, the Headteacher and Designated Safeguarding Lead.

## Review and Evaluation

This policy is to be renewed, evaluated and appropriately updated annually by the Maria International leadership team and Head Teacher.

**Date of next review:** 30/05/2022

**Prepared/Updated by:** Liam Johnstone **Date:** 01/12/2021

**Approved by:** Nicholette Vicol **Date:** 12/03/21

This policy is to be reviewed **annually** and updated as and when relevant changes occur.